

From Our Offices

HomeCARE is proud to introduce you to our Boone professionals: **Megg Henry**, Administrative Assistant. Megg has recently celebrated her first year with HomeCARE and has over a decade's worth of experience working in customer service, management and training.

Laura Kesler, Clinical Supervisor. Laura graduated from East Carolina University with a BS in Education. She has been with HomeCARE since 2007. **Robin Harmon**, Clinical Supervisor. Robin was born and raised in Avery County. Robin has a BS in Therapeutic Recreation with a minor in Psychology from Mars Hill College. Robin has worked at HomeCARE for the past 10 years.

Roger Giles, Regional Manager/Director of Training and Quality Improvement. Roger has been with HomeCARE for just over three years.

Roger has a BS Psychology from UNC-Wilmington and an MBA from Liberty University.

Our Boone office has been providing Intellectual and Developmental Disability services for over 15 years. Today, they are supporting 90 individuals through the Innovation Waiver with In-Home Skill Building, Personal Care Services, Respite, Residential Supports (AFLs) and Supported Employment as well as Early Intervention Services. The Boone office supports services in Avery, Ashe, Wilkes and Watauga Counties.

Margaret

Margaret K. Mason, MA
Chief Operating Officer
mason@homecaremgmt.org



Pictured left to right, top row, Meg and Roger, bottom row, Robin, Laura and a sculpture of music legend Doc Watson.

High Country HomeCARE

To learn more call 828-264-1021
or drop by and see us at
400 Shadowline Drive, Boone, N.C.

Employee Spotlight

Ida Anders is one of our most valuable staff members at HomeCARE's Wilmington office. Ida has been a Behavioral Technician with HomeCARE for eight years.

She has served many clients for HomeCARE and has currently been with **Preston Wynne** for over a year now performing Personal Care duties five evenings a week. She and her client love to spend time together. His face lights up the minute he hears her come in the door.

Preston also loves her cooking and will sometimes refuse food earlier in the day because he knows that she is fixing something special for him when she comes for her shift. Ida is a loyal Behavioral Technician and always willing to help. Ida recently braved the ice storms in order to work.

Ida lives in Bladen County, which is a 40-minute commute to get to work those five days a week. Ida and her husband just celebrated their 25th wedding anniversary in February and their son's wedding shortly after that.

Ida and her husband were blessed with two sons and three "gran-girls." Ida is very active in her church and serves on the Usher Board there. Ida says that her favorite sport is shopping with her two sisters. (She practices with them every weekend.)

HomeCARE has found a gem in Ida Anders and we hope to keep her with us for a long time to come.

Client Spotlight

"Having a disability can be difficult but I am still able to do many things for myself."

This month HomeCARE shines the spotlight on **Kevin**. Kevin receives Innovation Waiver services through the Whiteville office.

Kevin has been receiving services through HomeCARE since 1998 and currently receives services with support from Behavioral Technicians, William Smith and Lenore Smith.

Behavioral Technician, William, stated, "He doesn't let his disability slow him down. Everything that he is able to do, he does to the best of his ability." Kevin loves to spend time with his family, listen to books and read, but he said that his favorite thing in the world is The Muppets.



Autism and the Internet

Throughout North Carolina and the United States, the resources for families searching for information about Autism or Autism Spectrum Disorder are many, and sometimes just plain overwhelming. The individual listings are endless. How do you know which information is accurate, reliable, the best information for you and your family. Hopefully the following sites are good places for you to begin and to go forward from in your journey.

In last month's HOMECARE Newsletter there were three great references: www.johnson-center.org; www.autismspeaks.org/what-autism/facts-about-autism; and www.dsm5.org

Through Family Support Network of North Carolina (fsnnc.org), families benefit from the help and support that other families can provide and from information about their child's special needs and available resources. With this information, families can make informed decisions about services and support.

The Autism Society, the nation's leading grassroots autism organization, exists to improve the lives of all affected by autism. The Autism Society also hosts the most comprehensive national conference on autism, attended by 2,000 people each year. "Our Information and Referral team, our program staff and our strong affiliate presence in states and communities throughout the country serve thousands of families each year who are searching for help in their journey with autism." www.autism-society.org or Autism Society's Telephone Phone: 301.657.0881 or 1.800.3AUTISM (1.800.328.8476)

Autism Spectrum Disorder (ASD) is a group of developmental disabilities that can cause significant social, communication and behavioral challenges. The CDC is committed to continuing to provide essential data on ASD, search for factors that put children at risk for ASD and possible causes, and develop resources that help identify children with ASD as early as possible. www.cdc.gov/autism.

American Speech Language Hearing Association; Making effective communication a human right, accessible and achievable for all. Speech Language Pathologist play a key role because problems with social skill and communication are often the first symptoms of autism. The ASLHA website is FULL of helpful information! www.asha.org/SLP/clinical/Autism-Resources/

*Submitted by Laura Kesler, BS, IFTS, QP
Clinical Supervisor
Boone, NC*

Anniversaries

Celebrating 14 years with HOMECARE this month is **Wilma Gregory** from Statesville and 12 years is **Paula Cannon** from Statesville, **Katrina Murphy** from Whiteville and **Amanda Bellamy** from Wilmington. Celebrating 10 years is **Teresa Garrett** from Tarboro, **Amber Greene** from Wilmington, **Angela Hunt** from Forest City and **Christy Cook** from Whiteville. Also celebrating anniversaries this month are:

- 8 years: Idalina Siebert, Sharon Williams, Ralph Frazier and Suellen McClung
- 7 years: Tammy Coleman and Evelyn Evans
- 6 years: Chris Marshall, Lisa Hylton, Stephanie Powell, Deborah Smith, Shanita Andrews, Kelly Butner, Karen Horne, Sandy Howe and Rebecca Hunt
- 5 years: Pam Waddell, Ernestine Taylor and Nancy Pierce



REFERRALS

Call one of our offices for more information or 800-223-2841

Lenoir (Corporate Office)

315 Wilkesboro Blvd. NE
Suite 2-A
Lenoir, NC 28645
828-754-3665

Tarboro Office

1710 Howard Ave.
Tarboro, NC 27886
252-641-0404

Boone Office

400 Shadowline Dr. #203
Boone, NC 28607
828-264-1021

Whiteville Office

2208 James B. White Hwy. N
Whiteville, NC 28472
910-640-1153

Forest City Office

627 Withrow Rd.
Forest City, NC 28043
828-247-1700

Wilmington Office

5505 Business Dr Ste A
Wilmington, NC 28405
910-796-6741

Statesville Office

1318-D Davie Ave.
Statesville, NC 28677
704-873-5399